VOL. 3 Martin-Gatton
College of Agriculture,

The

RURAL RAMBLER

An Agriculture and Natural Resources Newsletter for Bracken County



"Agriculture is the most healthful, most useful and most noble employment of man."

George Washington

IN THIS ISSUE

HAY CONTEST

FARMER'S BREAKFAST

PLANT ORDER FORM

UPCOMING EVENTS



A Note From Your Agent:

Hello!

I want to start off this newsletter by saying thank you to everyone who participated in the East Kentucky Hay Contest! We're excited to share the results inside this newsletter.

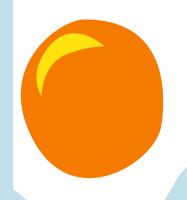
Looking ahead, be sure to mark your calendars for the Farmer's Breakfast on March 14th. This event is a great opportunity to gather, enjoy good food, and prepare for the upcoming growing season. Information on how to donate or support the breakfast is included inside. Check out the rest of the newsletter for upcoming events and helpful resources.

If you have any questions, feel free to call our office at 606–735–2141.

Stay warm this winter!

Holly Bowman Bracken County Extension Agent for Agriculture and Natural Resources

Name	Hay Or Silage	Class	County Placing	State Placing
Dale Hamilton	Hay	Alfalfa	1 st	Overall Winner
Darrell Williams	Hay	Alfalfa	2 nd	
George	Hay	Alfalfa	3^{rd}	3 rd
Gripshover				
Name	Hay Or Silage	Class	County Placing	State Placing
Kirby Shugars	Silage	Alfalfa	1 st	1 st
George	Silage	Alfalfa	2 nd	2 nd
Gripshover				
Name	Hay Or Silage	Class	County Placing	State Placing
Kevin Kalb	Hay	Grass	1 st	1 st
Donnie Bowles	Hay	Grass	2 nd	
Charles Hitch	Hay	Grass	3^{rd}	
Name	Hay Or Silage	Class	County Placing	State Placing
John Dickson	Silage	Grass	1 st	1 st
Phillip Cummins	Silage	Grass	2 nd	3 rd
Eric Sutton	Silage	Grass	3 rd	
Name	Hay Or Silage	Class	County Placing	State Placing
Charles Klaber	Hay	Alfalfa/Grass	1 st	
Travis Weiss	Hay	Alfalfa/Grass	2 nd	
Mark Litzsinger	Hay	Alfalfa/Grass	3 rd	
Name	Hay Or Silage	Class	County Placing	State Placing
Dale Hamilton	Silage	Alfalfa/Grass	1 st	1 st
Bart Hamilton	Silage	Alfalfa/Grass	2 nd	2 nd
Travis Bishop	Silage	Alfalfa/Grass	3 rd	
Name	Hay Or Silage	Class	County Placing	State Placing
Jamie Bell	Hay	Summer Annual	1 st	1 st
Darrell Williams	Hay	Summer Annual	2 nd	2 nd
Charles	Hay	Summer Annual	3 rd	
Toleman				
Name	Silage	Class	County Placing	State Placing
David Cummins	Silage	Summer Annual	1 st	
Name	Hay Or Silage	Class	County Placing	State Placing
George	Silage	Small Grain	1 st	1 st
Gripshover				
Mark Weiss	Silage	Small Grain	2 nd	2 nd
Kirby Shugars	Silage	Small Grain	3 rd	3 rd
Name	Hay	Class	County Placing	State Placing
Donnie Bowles	Hay	Mixed	1 st	
Jahan Dandara	Lla	grass/legume	Ond	
John Parker	Hay	Mixed	2 nd	
1-1-0	Here	grass/legume	Ord	
John Goecke	Hay	Mixed	3 rd	
		grass/legume		







RISE & SHINE! IT'S TIME FOR



Friday, March 14th BRACKEN COUNTY EXTENSION OFFICE



7:00 - 10:00 AM

- F00D
- FELLOWSHIP
- HEALTH SCREENINGS
- NEW PUBLICATIONS





Agriculture and Natural Resources

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kontucky Cooperative Extension serve all peoples regardless of economic or social status and will not alsocirrous control be regardless of economic or social status serve all peoples regardless of economic or social status, search served peoples regardless of economic or social status, search control programs of the search sea







Farmer's Breakfast

The Bracken County Ag Development Council is proud to announce the rejuvenation of the much loved Farmer's Breakfast. This event will be held on Friday, March 14th from 7:00-10:00 AM at the Bracken County Extension Office. We are currently seeking volunteers to help cook and sponsor the event. Please contact the office if you are willing to join in on the fun. No monetary donation is too small. We do ask that all donations be received by March 7th.



Next Council meeting is January 30th at 6:30pm

BRACKEN COUNTY CATTLEMEN'S MEETING

Thursday, February 20 6:30PM Bracken Co. Extension Office







EXTENSION OFFICE

PLANT ORDER 2025



Name:	
Address:	
City, State, Postal Code:	
Telephone:	
Email:	

Item	Quantity (bundle of 25 plants)	Unit Price	Total Price
Seascape Strawberries		\$8.00	
Earliglow Strawberries		\$8.00	
Flavorfest Strawberries		\$8.00	

** IF ORDERING BLUEBERRIES IT IS RECOMMENDED TO PURCHASE TWO DIFFERENT VARITIES FOR POLLINATION**

Item	Quantity (per plant/crown)	Unit Price	Total
Jewel Black Raspberry		\$13.00	
Chandler Blueberry		\$13.00	
Duke Blueberry		\$13.00	
Triple Crown Blackberry		\$13.00	
Marge Elderberry		\$13.00	
Hinnomaki Red Gooseberry		13.00	
Jersey Knight Asparagus		\$2.00	
		<u>Total Due</u>	

Orders/payment is required by February 14th, 2025

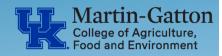
Make checks payable to: Bracken County 4-H

Taxes included in price

*Orders must be picked up from the office within 2 days of delivery notification.

Payment Infor	mation:
Amount Paid:_	
Date:	
Received by:	
Check no	or Cash

Feeding Fescue to Horses



Presented by Dr. Bob Coleman UK Extension Specialist

February 6, 2025 6:00PM

At Bracken County Extension Office

Topics to be Discussed

- Grazing fescue
- Feeding fescue hay
- Effects on pregnant and lactating mares

To register please scan the QR code or call (606)-735-2141



Cooperative

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



Martin-Gatton
College of Agriculture,
Food and Environment

BQCA 9CERTIFICATION

At Bracken County Extension Office February 11th at 10:00AM February 25th at 6:00PM March 18th at 10:00AM

To register please scan the QR code or call (606)-735-2141



Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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PRIVATE PESTICIDE APPLICATOR TRAININGS

6:00 PM | JANUARY 16 9:00 AM | FEBRUARY 20 6:00 PM | FEBRUARY 27



TO REGISTER: CALL (606)-735-2141 OR USE QR CODE

AT BRACKEN COUNTY EXTENSION OFFICE

IF DATES DO NOT WORK FOR YOU PLEASE CONTACT HOLLY TO DISCUSS OTHER OPTIONS: HOLLY.BOWMAN@UKY.EDU

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources physically and Consumer Sciences may 4-H Youth Development University and Economic Development Les

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Cooperative **Extension Service**

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT







MARCH 8, 2025

8:30AM - 2PM @ FLEMING COUNTY EXTENSION OFFICE 1384 ELIZAVILLE RD. FLEMINGSBURG. KY

TOPICS:

- **GRAFTING & APPLE VARIETIES**
- **DISEASE & INSECT MANAGEMENT**
- PRUNING: HANDS-ON DEMO @SMS

PLEASE REGISTER BY: MARCH 1ST





USE THE QR CODE OR CONTACT YOUR LOCAL OFFICE TO REGISTER

- BRACKEN COUNTY: (606) 735-2141
 - FLEMING COUNTY: (606) 845-4641
 - LEWIS COUNTY: (606) 796-2732
 - MASON COUNTY: (606) 564-6808

ROBERTSON COUNTY: (606) 724-5796



Eden Shale Farm Tour



APRIL 25, 2025 10:30AM - TOUR





• BRACKEN COUNTY: (606) 735-2141

• FLEMING COUNTY: (606) 845-4641

• LEWIS COUNTY: (606) 796-2732 • MASON COUNTY: (606) 564-6808

• ROBERTSON CO.: (606) 724-5796

ATTENTION PLEASE

VAN SPACES ARE LIMITED TO THE FIRST 11 PEOPLE THAT REGISTER & REQUEST A SEAT IN THE VAN.

FOLKS CAN ALSO DRIVE & MEET US AT EDEN SHALE THAT DAY.

IF RIDING IN THE COUNTY VAN- DEPARTURE TIMES WILL VARY BY LOCATION

REGISTRATION REQUIRED BY: APRIL 4, 2025

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT









Guest Speaker:
Ray Smith
University of Kentucky
Forage Specialist

Bracken County Extension Office RSVP for Dinner

To register scan the QR code or call (606)-735-2141



Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

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the UK Office of Equal Opportunity, 13 Main Building,

University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights,

1400 Independence Avenue, SW, Washington, D.C. 20250-9410.



College of Agriculture, Food and Environment

SERVINGS: 6

SERVING SIZE: 1/6 OF A

PIE

SOURCE: ADAPTED FROM TEXAS COOPERATIVE EXTENSION, THE TEXAS A&M UNIVERSITY SYSTEM, EXPANDED NUTRITION PROGRAM

EASY CHICKEN POT PIE



INGREDIENTS:

- ¾ CUP FROZEN MIXED
 VEGETABLES, THAWED
- 1 CUP COOKED CHICKEN, CUT INTO BITE-SIZE PIECES
- 1 (10¾ OUNCE) CAN LOW FAT,
 CONDENSED, CREAM OF CHICKEN
 SOUP
- 1 CUP BAKING MIX
- ½ CUP SKIM MILK
- 1 EGG

SERVICE

190 CALORIES; 5G TOTAL FAT; 1.5G
SATURATED FAT; 0G TRANS FAT; 50 MG
CHOLESTEROL; 630 MG SODIUM; 24 G
CARBOHYDRATE; 1G FIBER; 4G TOTAL
SUGARS; 1G ADDED SUGARS; 11G PROTEIN;
0% DAILY VALUE OF VITAMIN D; 6% DAILY
VALUE OF CALCIUM; 6% DAILY VALUE OF
IRON; 2% DAILY VALUE OF POTASSIUM.

DIRECTIONS:

- 1. WASH HANDS AND ANY COOKING SURFACES.
- 2. PRE-HEAT OVEN TO 400 DEGREES F.
- 3. MIX VEGETABLES, CHICKEN AND SOUP IN UNGREASED, 9-INCH PIE PLATE
- 4. STIR BAKING MIX, MILK AND EGG IN A MIXING BOWL WITH FORK UNTIL BLENDED. POUR OVER VEGETABLES, CHICKEN AND SOUP MIXTURE IN PIE PLATE.
- 5. BAKE 30 MINUTES OR UNTIL GOLDEN BROWN.
- 6.LET COOL 5 MINUTES AND SERVE.

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT







Bracken County Extension Office 1120 Brooksville Germantown Road Brooksville, KY 41004

Important Dates



- January 16, 2025 | Private Pesticide Applicator Training | Bracken Ext Office | 6:00PM
- January 30, 2025 | Ag Advancement Council Meeting | Bracken Ext Office | 6:30PM
- February 6, 2025 | Feeding Fescue | Bracken Ext Office | 6:00PM
- February 14, 2025 | Plant Orders are DUE | Bracken Ext Office | 4:30PM
- February 11, 2025 | BQCA | Bracken Ext Office | 10:00AM
- February 20, 2025 | Private Pesticide Applicator Training | Bracken Ex Office | 9:00AM
- February 20, 2025 | Cattlemen's Meeting | Bracken Ext Office | 6:30PM
- February 25, 2025 | BQCA | Bracken Ext Office | 6:00PM
- February 27, 2025 | Private Pesticide Applicator Training | Bracken Ex Office | 6:00PM
- March 8, 2025 | Apple Grafting/Pruning | Fleming Ext Office | 8:30AM
- March 12, 2025 | Tobacco Gap Training | Mason Ext Office | 6:00PM
- March 14, 2025 | Farmer's Breakfast | Bracken Ext Office | 7:00-10:00AM
- March 18, 2025 | BQCA | Bracken Ext Office | 10:00AM
- March 20, 2025 | Forage Production Workshop | Bracken Ext Office | 6:00PM
- April 25, 2025 | Eden Shale Farm Tour